

Not getting along with
your antidepressant?

Talk to your healthcare provider about the Deplin[®] Difference

Depression can bring sadness, low energy, and lack of interest in activities, affecting you and your family daily. If antidepressants aren't enough, talk to your healthcare provider about adding DEPLIN to help your symptoms and overall well-being.

To get started, inform your healthcare provider about all the depression symptoms and treatment side effects you're experiencing.

I've been feeling:

- Sadness
- Loss of interest or pleasure in activities I used to enjoy
- Change in weight/appetite
- Difficulty sleeping or oversleeping
- Low concentration/trouble making decisions
- Energy loss/feeling slowed down
- Feelings of worthlessness
- Thoughts of death or suicide

I've experienced side effects on my current medication, including:

- Nausea
- Vomiting
- Diarrhea
- Problems with sexual dysfunction
- Weight gain
- Feeling sleepy and/or trouble sleeping
- Other

Need help now?
Call or Text 988



What is DEPLIN?

DEPLIN is targeted nutrition for people with depression, including major depressive disorder. DEPLIN contains L-methylfolate, an active form of folate (vitamin B9), and is designed to help the brain and antidepressants work better together.¹

Up to 70% of people with depression have a genetic variation that impairs their ability to convert folic acid into active folate. Having low levels of active folate can lead to depression and make it harder to see results from your antidepressant.²

DEPLIN is intended to be used alongside your antidepressant treatment. It boosts L-methylfolate levels in the brain, aiding the production of chemical messengers and potentially improving mood and supporting mental health.¹

What should I know about DEPLIN?

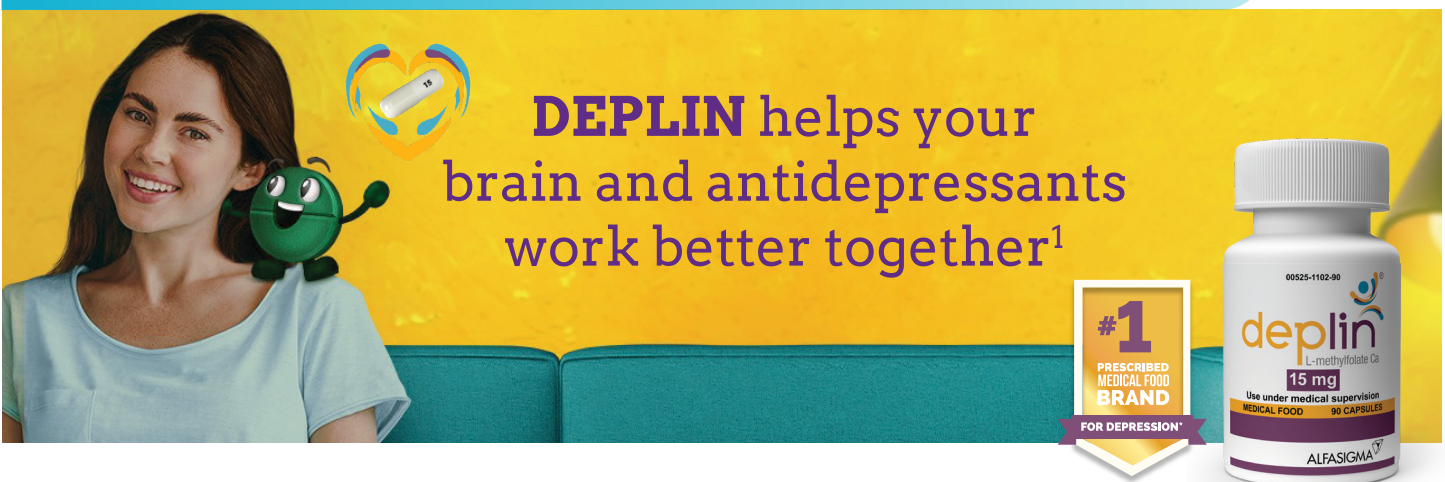
In clinical trials of people with major depressive disorder who took DEPLIN along with their antidepressants:

- Over 1 in 2 people achieved remission at month 12³
- Over 1 in 3 people recovered from their depression at month 12³
- Some people reported depressive symptoms improved in as little as 30 days¹

Clinically shown to be well-tolerated^{1,3}

- Safety profile similar to placebo
- Not associated with weight gain or sexual dysfunction

The DEPLIN brand has been supporting people with depression for more than 15 years



DEPLIN helps your brain and antidepressants work better together¹

#1 PRESCRIBED MEDICAL FOOD BRAND FOR DEPRESSION*

deplin
L-methylfolate Ca
15 mg
Use under medical supervision
MEDICAL FOOD 90 CAPSULES
ALFASIGMA

DEPLIN is a medical food for use only under medical supervision for the clinical dietary management of depression and is specially formulated to meet the distinctive nutritional requirements for this condition.

*Based on US dollar sales through IQVIA NSP reporting channels from October 2021-September 2023 of Deplin® compared to other branded medical foods indicated for depression.

References: **1.** Papakostas GI, et al. *American Journal of Psychiatry*. 2012;169(12):1267-1274. **2.** Stahl SM. *CNS Spectr* 2007;12(10):739-44. **3.** Zajecka JM, et al. *Journal of Clinical Psychiatry*. 2016;77(5):654-660.

Some additional questions to consider asking your healthcare provider about DEPLIN:

How does DEPLIN work?

Is DEPLIN right for me?

How long will I need to take DEPLIN?

Is DEPLIN safe?

How is DEPLIN different from folic acid?



Brand Direct Health® Pharmacy, the mail-order pharmacy, offers an everyday low price and money-back guarantee.†

Instructions on how your healthcare provider can send an e-prescription for you:



Electronic Prescription Setup

NAME:	Brand Direct Health
ADDRESS:	Located under MAIL ORDER Pharmacies Brand Direct Health 5455 West Waters Avenue, Suite 215 Tampa, FL 33634
NCPDP#:	5732323

How to fill your prescription:



Once your prescription is sent to Brand Direct Health® Pharmacy, scan the QR code to fill your prescription.

†No return necessary. Limit to 1 refund per person, per product. Excludes shipping and convenience fees.

Manufactured and Distributed by:
Alfasigma USA, Inc. Shreveport, LA 71104
7/24 ALUSA-01087. Printed in the USA.
All rights reserved. © 2024 Alfasigma USA, Inc.

